



TRANSFORMED

Week 6 : Vocational Health

Theme: Verse:

Romans 12:2a *Do not conform to the pattern of this world, but be transformed by the renewing of your mind. (NIV)*

4 Common Dreambusters

1. Dreambuster #1: **Delay**

1 Samuel 17:12-15 *Now David was the son of a man named Jesse, an Ephrathite from Bethlehem in the land of Judah. Jesse was an old man at that time, and he had eight sons. Jesse's three oldest sons—Eliab, Abinadab, and Shimea—had already joined Saul's army to fight the Philistines. David was the youngest son. David's three oldest brothers stayed with Saul's army, but David went back and forth so he could help his father with the sheep in Bethlehem. (NLT)*

2. Dreambuster #2: **Discouragement** – everyone was **afraid**

1 Samuel 17:8-11 *Goliath stood and shouted a taunt across to the Israelites. "Why are you all coming out to fight?" he called. "I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me! If he kills me, then we will be your slaves. But if I kill him, you will be our slaves! I defy the armies of Israel today! Send me a man who will fight me!" When Saul and the Israelites heard this, they were terrified and deeply shaken. (NLT)*

1 Samuel 17:16 *For forty days, every morning and evening, the Philistine champion strutted in front of the Israelite army. (NLT)*

3. Dreambuster #3: **Disapproval**

1 Samuel 17:28-29 *But when David's oldest brother, Eliab, heard David talking to the men, he was angry. "What are you doing around here anyway?" he demanded. "What about those few sheep you're supposed to be taking care of? I know about your pride and deceit. You just want to see the battle!"*

"What have I done now?" David replied. "I was only asking a question!" (NLT)

4. Dreambuster #4: **Doubt**

1 Samuel 17:32-33 *"Don't worry about this Philistine," David told Saul. "I'll go fight him!"*

"Don't be ridiculous!" Saul replied. "There's no way you can fight this Philistine and possibly win! You're only a boy, and he's been a man of war since his youth." (NLT)

"But David was held back to care for the sheep in Bethlehem." 1 Samuel 17:15

1. When God gives you a dream, there is always a delay. Share with the group a dream fulfilled only after a lengthy wait. What did God teach you while you waited on him to make your dream happen? How can remembering how God helped you in the past assist you when dream fulfillment is delayed?

“As David talked with his brothers on the front line, he saw Goliath start shouting his usual threats to Israel’s army. When the army heard Goliath, they all ran away in terror.” 1 Samuel 17: 23-24

2. Goliath berated the Israelite army and they were afraid. What negative voices are you listening to in your own life that makes you afraid? How can surrounding yourself with people filled with faith help conquer those dream-busters? What changes do you need to make in your life to build a stronger faith in God?

“According to your faith it will be done to you.” Matthew 9:29

3. Disapproval can be a powerful dream killer, but if God is the one who gives the dream, you can have confidence as David did when he faced Goliath. Would you be willing to share a dream that you are confident God has given you? How do you think you might maintain your confidence in the face of disapproval of siblings, other family members or trusted friends?

“Then Saul dressed David in his own armor...But David said, ‘I cannot go out in these, because I’m not used to them.’ So he took them off...instead he chose five smooth stones for his sling.” 1 Samuel 17:38-40

4. Doubt. If God has called you to fulfill a dream, then he doesn’t expect you to doubt him and wait to take the first step. He wants you to trust him. Often people will try to persuade you to do it their way instead of the way that God has prepared you to move ahead. David didn’t use the armor Saul had used but instead chose the tools he understood and was skilled in using. How can you discern when the dream you have is from God, and the tools you have are the right ones? How can you trust God and relax in fulfilling what God has called you to do?